

3D Graphene–Cobalt Oxide Electrode for High-Performance Supercapacitor and Enzymeless Glucose Detection

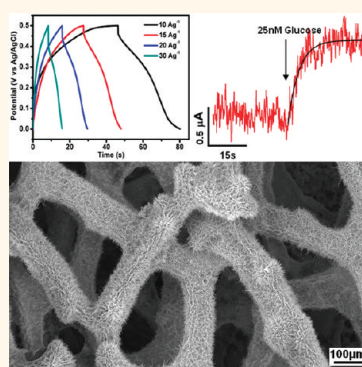
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Graphene, a two-dimensional monolayer of sp^2 -hybridized carbon atoms, has attracted enormous interest in recent years due to its extraordinary electrical properties, unusual mechanical strength, and ultralarge specific surface area.^{1–3} It is providing tremendous new advances in various fields, such as field-effect transistors,^{4–6} biological/chemical sensors,^{7–10} energy storage^{11–13} and conversion¹⁴ devices, and transparent conductors.^{15–17} In addition, compositing graphene with other functional nanomaterials to attain synergistic effects leads to vast unprecedented possibilities.^{18–22}

In particular, many approaches have been explored to fabricate graphene-based nanocomposites for high-performance supercapacitors and biosensors.^{23–27} In current developments, chemically reduced graphene oxide (rGO) is used as the substitute for pristine graphene because of the low-cost large-scale production enabled by the chemical exfoliation processes.²⁸ However, the exceptional properties of graphene are severely impaired in rGO due to abundant defects and chemical moieties created in the synthesis procedures. In graphene composites, aggregation and stacking between individual graphene sheets driven by the strong π – π interaction greatly compromise the intrinsic high specific surface area of graphene. Furthermore, the high conductivity of graphene is also largely compromised due to intersheet contact resistance. The recently demonstrated chemical vapor deposition (CVD)-grown graphene foams^{29–31} promise to alleviate the aforementioned problems that currently plague the performance of graphene composites. The three-dimensional (3D) graphene foams are seamlessly continuous and a highly conductive graphene network that is free of defects and

ABSTRACT



Using a simple hydrothermal procedure, cobalt oxide (Co_3O_4) nanowires were *in situ* synthesized on three-dimensional (3D) graphene foam grown by chemical vapor deposition. The structure and morphology of the resulting 3D graphene/ Co_3O_4 composites were characterized by scanning electron microscopy, transmission electron microscopy, X-ray diffraction, and Raman spectroscopy. The 3D graphene/ Co_3O_4 composite was used as the monolithic free-standing electrode for supercapacitor application and for enzymeless electrochemical detection of glucose. We demonstrate that it is capable of delivering high specific capacitance of $\sim 1100 \text{ F g}^{-1}$ at a current density of 10 A g^{-1} with excellent cycling stability, and it can detect glucose with a ultrahigh sensitivity of $3.39 \text{ mA mM}^{-1} \text{ cm}^{-2}$ and a remarkable lower detection limit of $<25 \text{ nM}$ ($S/N = 8.5$).

KEYWORDS: 3D graphene · cobalt oxide · supercapacitor · enzymeless detection

intersheet junctions. Their 3D porous structure is ideal to serve as the scaffold for fabrication of monolithic composite electrodes.

Cobaltic oxide (Co_3O_4) is a transition metal oxide with intriguing electronic, optical, electrochemical, and electrocatalytic properties. Co_3O_4 -based nanocomposites have demonstrated great potentials in the applications of supercapacitors,³² heterogeneous catalysts,³³ electrochemical sensors,³⁴ and Li-ion rechargeable batteries.³⁵ In the

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Received for review January 9, 2012 and accepted March 21, 2012.

Published online March 21, 2012
10.1021/nn300097q

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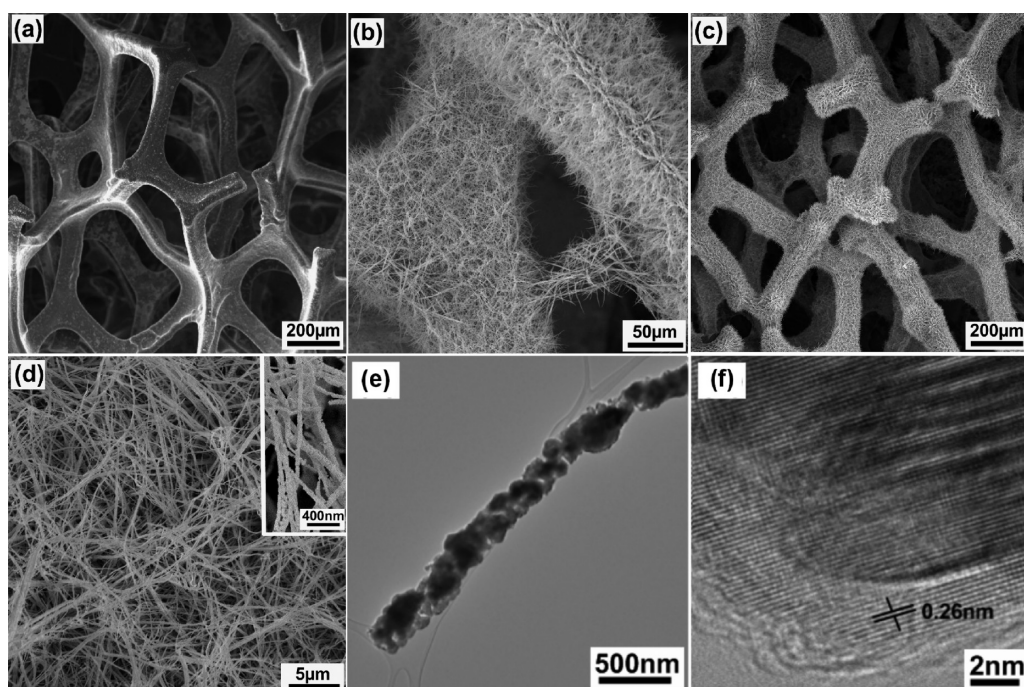


Figure 1. SEM images of (a) 3D graphene foam, (b) 3D graphene/Co₃O₄ nanowire composite. (c,d) Low- and high-magnification SEM images of graphene/Co₃O₄ nanowire composite. Inset panel d shows an enlarged view. (e,f) Low- and high-resolution TEM images of Co₃O₄ nanowire grown on the surface of 3D graphene foam.

present study, we synthesize a 3D graphene/Co₃O₄ nanowire composite. Serving as a free-standing monolithic electrode, it demonstrates remarkable performance in supercapacitor application and in enzyme-free electrochemical detection of glucose.

RESULTS AND DISCUSSION

The morphology and structure of the graphene foam and graphene/Co₃O₄ composites were examined by SEM and TEM, as shown in Figure 1. The graphene foam is a 3D porous structure with a smooth and thin graphene skeleton (Figure 1a). The width of the graphene skeleton is about 100–120 μm. For the graphene/Co₃O₄ composite, the graphene skeleton is fully and uniformly covered by the network of Co₃O₄ nanowires (Figure 1b–d). The thickness of the Co₃O₄ nanowire shell is about 10 μm according to the increase in the width of the graphene skeleton. The high-magnification SEM image reveals that the Co₃O₄ nanowires are about 200–300 nm in diameter and several micrometers in length (Figure 1d), and as shown in the TEM image (Figure 1e), the Co₃O₄ nanowires are composed of numerous nanoparticles. The 3D structure of graphene foam, the nanoporous mesh of Co₃O₄ nanowires, and the rough surface of individual nanowires together provide a large accessible surface area. The high-resolution TEM image shows that the Co₃O₄ nanowires exhibit high crystallinity with a lattice spacing of 0.26 nm corresponding to the interspacing of the (311) planes.

Figure 2a shows the XRD patterns of 3D graphene and the graphene/Co₃O₄ nanowire composite. The 3D graphene shows two significant diffraction peaks at $2\theta = 26.5$ and 54.6° attributed to the (002) and (004) reflections of graphitic carbon, respectively (JCPDS 75-1621). In addition to the characteristic peaks from graphene, the graphene/Co₃O₄ nanowire composite presents nine obvious diffraction peaks. They coincide with the (111), (220), (311), (222), (400), (422), (511), (440), and (531) planes in the standard Co₃O₄ spectrum (JCPDS 42-1467). Figure 2b shows the Raman spectra of graphene foam and the graphene/Co₃O₄ composite. Except for the characteristic G and 2D peaks at ~ 1575 and 2740 cm^{-1} from graphene,³⁶ four characteristic peaks from the cobaltic oxides at 464, 507, 606, and 675 cm^{-1} (corresponding to E_g, F_{2g}¹, F_{2g}², and A_g¹ modes of the crystalline Co₃O₄, respectively)³⁷ are identified in the spectrum of the composite. Both XRD and Raman measurements confirm the successful integration of 3D graphene foam and Co₃O₄ nanowires. In addition, there is no obvious graphene D band at $\sim 1350 \text{ cm}^{-1}$, indicating that the graphene foam is of high quality, that is, lack of defects.³⁸ The integral ratio of the 2D and G band indicates that the as-grown graphene foams consist of mainly one- to few-layered domains.²⁹

Graphene material/metal oxide composites with surface-anchored, wrapped, encapsulated, sandwiched, layer-by-layer assembled, and randomly mixed architecture have recently been utilized as advanced electrode materials for supercapacitors.³⁹ They have demonstrated

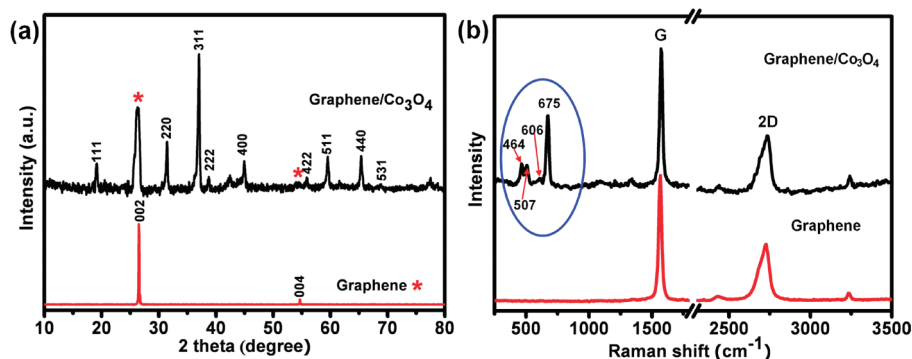


Figure 2. (a) XRD patterns and (b) Raman spectra of graphene and the graphene/ Co_3O_4 nanowire composite.

significant improvement in electrochemical properties as compared with the individual constituents. Here, we first sought to investigate the electrochemical performance of 3D graphene/ Co_3O_4 composite toward supercapacitor application. Owing to the excellent mechanical strength of graphene, the graphene/ Co_3O_4 composite is able to serve as a free-standing monolithic electrode despite its lightness (80 mg/cm^3).

Figure 3a presents the cyclic voltammetry (CV) curves over a voltage range from 0 to 0.5 V for the 3D graphene and graphene/ Co_3O_4 composite electrodes measured at a scan rate of 50 mV/s. Evidently, the area surrounded by the CV curve is dramatically enhanced by the introduction of Co_3O_4 nanowires onto 3D graphene foam. These results indicate a large specific capacitance associated with the composite electrode and suggest that it is originated from the pseudocapacitance of the electrochemically active Co_3O_4 nanowires instead of double-layer capacitance from the graphene foam. Increasing the scan rate leads to further augment of the CV curve and the redox peaks (Figure 3b), indicating that the redox reactions of Co_3O_4 are rapid. Figure 3c depicts the charge–discharge behavior of the graphene/ Co_3O_4 composite electrode between 0 and 0.5 V at different current densities. The specific capacitance can be calculated as follows.⁴⁰ $C_m = It/\Delta Vm$, where C_m is the specific capacitance of the electrode (F g^{-1}), I is the charge/discharge current (A), t is the discharge time (s), ΔV is the potential window, and m is the mass of the graphene/ Co_3O_4 composite electrode. The specific capacitance of the graphene/ Co_3O_4 composite electrode is calculated to be about 768, 618, 552, and 456 F/g at the current densities of 10, 15, 20, and 30 A/g, respectively.

The cycling stability of the graphene/ Co_3O_4 electrode was examined over a large number of charge–discharge cycles at the current density of 10 A g^{-1} , as shown in Figure 3d. Interestingly, the specific capacitance of the composite electrode can be further enhanced to $\sim 1100 \text{ F/g}$ after 500 cycles and stays stable afterward. Such an activation process may result from the more complete intercalation and deintercalation of electrochemical species after some initial cycles.⁴¹ The

electrochemical stability of the composite electrode is also evidenced in Figure 3e, which shows that even after a long period of charge–discharge ($>25000 \text{ s}$), the charge–discharge curves remain undistorted and essentially symmetric. Taken together, our results demonstrate that the 3D graphene/ Co_3O_4 composite electrode gives a large specific capacitance and excellent cycling stability, promising for the development of high-performance supercapacitors. This specific capacitance of our 3D graphene/ Co_3O_4 electrode is several times larger than that of the previously reported reduced graphene oxide/ Co_3O_4 composite electrodes.^{42,43} It is also much larger than that of many previously reported graphene-based composite electrodes, such as graphene/ MnO_2 ,⁴⁴ graphene/ NiO ,⁴⁵ or graphene/PANI⁴⁶ electrodes.

Electrochemical impedance spectroscopy (EIS) was also employed to characterize the 3D graphene and composite electrode. As shown in the Nyquist plots (Figure 3f), the equivalent series resistance (ESR) of the graphene/ Co_3O_4 composite electrode (3.0Ω) is much smaller than that of the bare graphene foam electrode (9.0Ω), indicating a lower diffusion resistance and charge-transfer resistance. This further suggests that the 3D graphene/ Co_3O_4 electrode is advantageous for electrochemical applications, such as electrochemical sensing. Co_3O_4 is electrocatalytically active. Recently, Ding *et al.* demonstrated the use of electrospun Co_3O_4 nanofibers for sensitive, selective, and non-enzymatic detection of glucose.⁴⁷ Prompted by this work, we sought to study the ability of the 3D graphene/ Co_3O_4 electrode in non-enzymatic detection of glucose.

Detecting glucose is of paramount importance to the diagnosis and management of diabetes. For most glucose sensors, the detection is indirect, relying on enzymes, for example, glucose oxidase. The need for enzyme proteins complicates the sensor construction, increases the cost, and compromises the sensitivity, stability, and reproducibility of the sensor due to the poor tolerance to nonphysiological chemical environments and the sensitivity to temperature, pH, humidity, etc. Several studies have shown that Co_3O_4 nanostructures are capable of catalyzing glucose oxidation and

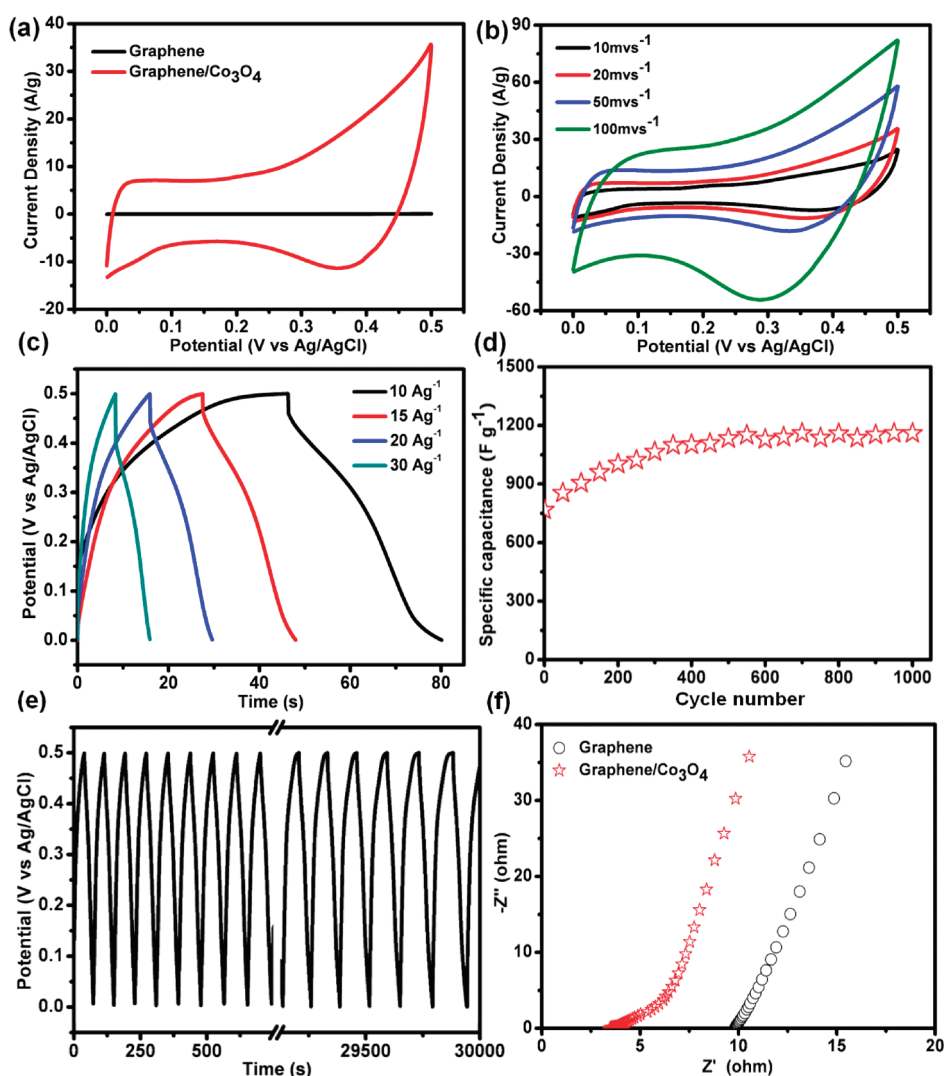


Figure 3. Electrochemical performance of the 3D graphene electrodes measured in 2.0 M KOH solution. (a) CV curves of 3D graphene and graphene/Co₃O₄ composite electrodes measured at a scan rate of 50 mV/s. (b) CV curves of 3D graphene/Co₃O₄ composite electrode at scan rates of 5, 10, 20, and 50 mV s⁻¹. (c) Galvanostatic charge/discharge curves of graphene/Co₃O₄ composite electrode at different current densities. (d) Cycling performance of graphene/Co₃O₄ composite electrode at a current density of 10.0 A g⁻¹. (e) Charge/discharge profile of the composite electrode at a current density of 10.0 A g⁻¹. (f) Nyquist plots of 3D graphene and graphene/Co₃O₄ composite electrodes.

therefore enable direct electrochemical detection of glucose without the need of any enzymes or other mediators.^{47,48}

As previously demonstrated, glucose detection is optimized in low-strength alkaline solutions.⁴⁷ To benchmark with Ding's work, we also used 0.1 M NaOH as the electrolyte. Figure 4a shows the CV curves of the graphene/Co₃O₄ composite electrode at different scan rates. In agreement with Ding's report,⁴⁷ two pairs of redox peaks (I/II and III/IV) are observed, resulting from the reversible transition between Co₃O₄ and CoOOH (I/II) and transition between CoOOH and CoO₂ (III/IV). The reactions can be formulated as Co₃O₄ + OH⁻ + H₂O ↔ 3CoOOH + e⁻ and CoOOH + OH⁻ ↔ CoO₂ + H₂O + e⁻.⁴⁹ With an increase of the scan rate, both of the redox current peaks increase, suggesting a surface-controlled electrochemical process. As shown

in Figure 4b, introduction of glucose causes obvious increase of the oxidation current at peak III (at ~0.58 V) in a concentration-dependent manner while the current at peak I (at ~0.25 V) remains nearly constant. As elegantly explained by Ding *et al.*, this is due to glucose oxidation to gluconolactone catalyzed by conversion of CoO₂ to CoOOH (redox pair III/IV): 2CoO₂ + C₆H₁₂O₆ (glucose) → 2CoOOH + C₆H₁₀O₆. Holding at the oxidation potential of peak III (+0.58 V), the amperometric responses of the graphene/Co₃O₄ composite electrode to successive addition of glucose to increasing concentrations were measured (Figure 4c). The dose response curve (amperometric current increase vs glucose concentration) is plotted in Figure 4d. An extraordinary sensitivity of 3.39 mA mM⁻¹ cm⁻² is obtained in the linear response range (up to 80 μM). Such sensitivity predicts a remarkable sub-100 nM

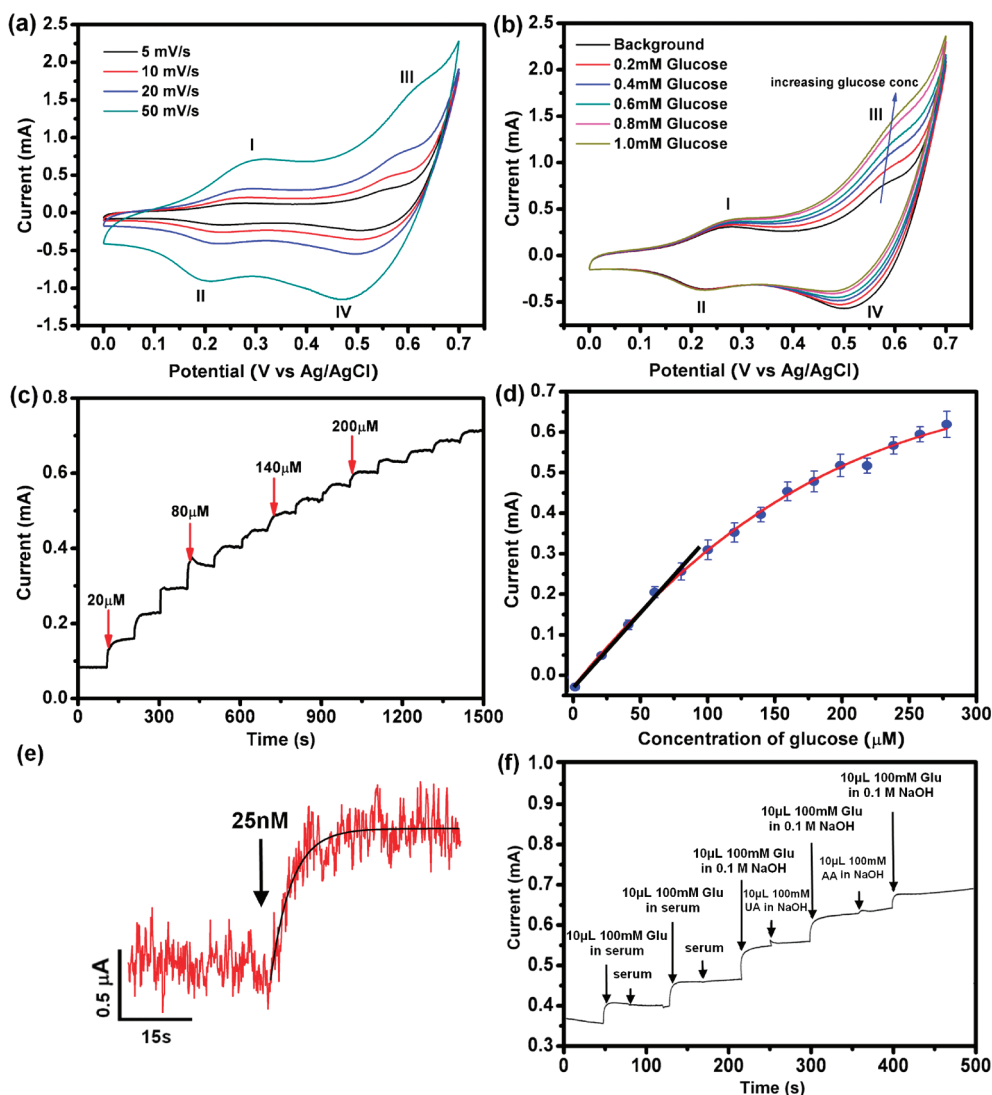


Figure 4. Detection of glucose in 0.1 M NaOH solution using the 3D graphene/ Co_3O_4 composite electrode. (a) CV curves measured at different scan rates (5, 10, 20, and 50 mV/s). (b) CV curves in the presence of various concentrations of glucose (0, 0.2, 0.4, 0.6, 0.8, and 1 mM), at the scan rate of 20 mV/s. (c) Amperometric response of the composite electrode (holding at 0.58 V) upon addition of glucose to increasing concentrations. (d) Average dose response curve (amperometric current response vs glucose concentration) obtained from three different sensors, with a linear fitting at lower concentration range and an exponential fitting at higher concentration range. The error bars indicate the standard deviations. (e) Amperometric response to 25 nM glucose. An exponential fitting with a time constant of ~ 3.7 s is shown. (f) Amperometric response to the addition of 10 μL of different analytes to 20 mL of electrolyte (0.1 M NaOH). AA = ascorbic acid; UA = uric acid. The serum sample is made of 100 $\mu\text{g}/\text{mL}$ of fetal bovine serum in Dulbecco's modified Eagle medium (DMEM).

lower detection limit (LOD). Indeed, as shown in Figure 4e, obvious amperometric response can be triggered by the addition of glucose to an equilibrium concentration of 25 nM, with a signal-to-noise ratio (S/N) of ~ 8.5 . This detection limit is more than an order lower than the extrapolated LOD of the Co_3O_4 nanofiber electrode devised by Ding *et al.* (970 nM with $S/N = 3$).⁴⁷ The sensitivity and LOD of our 3D graphene/ Co_3O_4 electrode are also significantly superior than the previously reported graphene-based electrochemical and electrical sensors assisted by enzymes.^{50,51}

In a comparative control experiment (Figure S1 in the Supporting Information), Co_3O_4 nanowires were synthesized using the same hydrothermal process and

coated on glassy carbon electrodes. In comparison with the 3D graphene/ Co_3O_4 electrode, the CV profile of the planar Co_3O_4 electrode is much narrower, indicating a smaller electrochemical capacitance, and the planar Co_3O_4 electrode's response to glucose is much less sensitive and much slower. This experiment clearly suggests the importance of the 3D graphene support. Furthermore, as shown in Figure 4f, the 3D graphene/ Co_3O_4 electrode is insensitive to uric acid and ascorbic acid (biomolecules in blood) and insensitive to the glucose-free serum sample which contains abundant and a large variety of proteins and other molecules. On the other hand, our sensor is sensitive to the serum sample supplemented with glucose. This

experiment indicates the high selectivity of our sensor and its potential for practical use.

CONCLUSIONS

In this study, we demonstrate a facile two-step synthesis route (CVD growth of graphene foam and *in situ* hydrothermal synthesis of Co₃O₄ nanowires) to produce a 3D graphene/Co₃O₄ composite. Co₃O₄ nanowires with uniform diameter and high crystallinity form a dense nanomesh covering the 3D graphene skeleton. Due to the superior mechanical strength of graphene, the 3D graphene/Co₃O₄ composite can work as a free-standing electrode despite its lightness, and such a monolithic 3D electrode demonstrates remarkable performance as a supercapacitor and for enzyme-free ultrasensitive detection of glucose because of the synergistic integration of the two novel nanomaterials. First, the three-dimensionally multiplexed and highly conductive pathways provided by the defect-free

graphene foam ensure rapid charge transfer and conduction. In addition, Co₃O₄ nanowires exhibit exceptional electrochemical and electrocatalytic properties. Lastly, the 3D graphene/Co₃O₄ electrode provides an enormous accessible active area. The bare graphene foam has a high specific surface area of $\sim 850 \text{ m}^2 \text{ g}^{-1}$,²⁹ and this is further increased greatly by the Co₃O₄ nanomesh surrounding the graphene scaffold. Also, the open pore system of the composite is beneficial to ion diffusion and transport kinetics.

As demonstrated here, graphene foam is uniquely advantageous to serve as a 3D support of large capacity to uniformly anchor metal oxides with well-defined size, shapes, and crystallinity. Agglomeration, the common phenomenon of metallic oxide preparations, is no longer an issue. The multifunctionalities and improved performance that come from the synergistic cooperation between graphene and metal oxides promise many novel applications.

MATERIALS AND METHODS

Synthesis of 3D Graphene Foam. Similar to that previously reported,²⁹ 3D graphene was synthesized by chemical vapor deposition (CVD) using nickel foam as the substrate, except that ethanol was used as the carbon source for graphene growth under atmospheric pressure.^{52,53} The nickel foam (0.5 mm thick, Alantum Advanced Technology Materials, China) placed into a quartz tube was heated to 1000 °C at a 50 °C/min heating rate and maintained for 10 min under atmospheric pressure with a gas flow of H₂/Ar (H₂/Ar = 25:50 sccm) to clean the surface of nickel foam. After 20 min of growth, the sample is rapidly cooled to the room temperature at a cooling rate of 100 °C/min under H₂/Ar flow. Finally, the sample was cut into small pieces (1 cm × 1 cm), and the nickel substrate was etched away with HCl (3 M) solution at 80 °C to leave the free-standing 3D graphene foams.

Preparation of Graphene/Co₃O₄ Nanowire Composite. CoCl₂·6H₂O (1 mmol) (Sigma-Aldrich USA) and urea (1.0 mmol) (Sigma-Aldrich USA) were added to 20 mL of water and stirred for 10 min. The mixture was then transferred to a Teflon-lined stainless steel autoclave of 30 mL capacity. Subsequently, the 3D graphene foams fixed on a glass slide were immersed into the solution. This was followed by autoclaving at 120 °C for 16 h. After cooling to room temperature, the graphene foams with light-pink deposits were washed with deionized water and dried at 50 °C. Finally, the sample was heated at 450 °C for 2 h.

Characterization. Raman spectra were recorded at ambient temperature on a WITeck CRM200 confocal microscopy Raman system with 488 nm wavelength laser. The X-ray diffraction (XRD) was carried out on a Bruker D8 Avance diffractometer using Cu K α radiation. The morphology of the composite was examined by field-emission scanning electron microscopy (FESEM, JSM-6700F, JEOL). Transmission electron microscopy (TEM) was conducted with a JEOL JEM-1400F microscope operated at 200 kV.

Electrochemical Measurement. Cyclic voltammetry (CV), electrochemical impedance spectroscopy (EIS), and amperometry measurements were performed using a CHI660D electrochemical workstation (Chenhua, Shanghai). The 3D graphene/Co₃O₄ composite serves as the working electrode, while a platinum foil electrode and a Ag/AgCl electrode were used as the counter and reference electrodes, respectively. EIS measurements were conducted in the frequency range from 0.01 to 100 kHz at open-circuit potential with an ac perturbation of 5.0 mV.

Conflict of Interest: The authors declare no competing financial interest.

Acknowledgment. We acknowledge the financial support from NNSF of China (50902071, 61076067, BZ2010043), the National Basic Research Program of China (2009CB930601, 2012CB933301), the Ministry of Education of China (IRT1148), A Project Funded by the Priority Academic Program Development of Jiangsu Higher Education Institutions, CRP grant from National Research Foundation of Singapore (NRF-CRP-07-2), and AcRF Tier 2 grants of Ministry of Education of Singapore (MOE2010-T2-1-060, MOE2011-T2-2-010).

Supporting Information Available: Additional information on CV plots of Co₃O₄ nanowire modified glassy carbon electrode and the amperometric response to glucose are provided. This material is available free of charge via the Internet at <http://pubs.acs.org>.

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